

The Toose, Abbey Manor Park  
Yeovil,  
Somerset  
BA21 3SN  
Headteacher: Mrs C Hodgson BA (Hons)



Tel: 01935 474538  
Email: [office@preston.ppat365.org](mailto:office@preston.ppat365.org)  
[www.prestoncofeprimary.co.uk](http://www.prestoncofeprimary.co.uk)  
Preston Primary Academy Trust

## YOUNGMINDS

19th September 2024.

Dear Parents/Guardians,

On Thursday 10th October it is World Mental Health Day. As part of our continued work surrounding young people's mental health, wellbeing and promoting children's rights, we will be hosting a #HelloYellow event on behalf of the YoungMinds charity here at Preston C of E Primary School.

#HelloYellow aims to raise awareness of young people's mental health and more importantly, aims to demonstrate to all young people with mental health issues that they are not alone.

As part of our participation on **Friday 11th October**, we are holding a non-uniform day. If your child has a favourite item of yellow clothing or a favourite yellow costume, we would also love for them to wear this.

We are suggesting a small donation (up to £1) for participating in order to raise money for the YoungMinds charity and the important work that they do (if you feel you are able to contribute).

To find out more about the charity's work, please visit their website at [YoungMinds.org.uk](http://YoungMinds.org.uk)

Thank you for your continued support.

Yours faithfully,

*ECashmore*

Mrs Emily Cashmore,  
Emotional and Mental Health Lead

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