

National Child Measurement Programme (NCMP) Opt-out form

Please use this form if you would like to opt your child out of the National Child Measurement Programme (NCMP).

If you have online access, you can complete the form using this link -
<https://somersetcouncil.citizenspace.com/public-health/a64ea5eb>

Please only complete this form if you **do not want your child to participate in the programme.**

Child's name:	
Child's school:	
Child's year:	
Child's class:	
Reason for opting my child out:	Please tick one of the following: ☐ My child has a health issue which affects their weight ☐ My child is overweight / underweight, and I would prefer they were not measured at school, but I would like some information about healthy weight ☐ I do not wish to say
Any other comments:	
Parent/carers name:	
Parent/carers signature:	

Once you have completed this form **please return it to your child's school office.**