

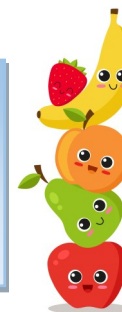


Lunch Menu

Week 1 DF

Available daily:

Fresh fruit, water and yoghurts.
Wholegrain Basil & Tomato Pasta



MONDAY



Jacket Potato

Packed Lunch

Tomato and Basil Pasta

Dairy Free Ice Cream with Fruit
Cocktail

TUESDAY



Meatballs in Tomato Sauce
with Vegetable Rice **G,S**

Vegan Meatballs in Tomato
Sauce with Vegetable Rice **(V) S**

Mixed Vegetables

Green Beans

Apple Flapjack **G**

WEDNESDAY



Roast Chicken with Roast
Potatoes and Gravy

Quorn Roast **(V) M,E**

Savoy Cabbage

Sliced Carrots

Dairy Free Pudding

THURSDAY



Pork Hotdog with Wedges **G,**

Quorn Hotdog with Wedges
(V) ,G,E

Broccoli

Sweetcorn

Dairy Free Cookie

FRIDAY



White Fish and Chips **G,F,**

Vegan Fishless Fish Fingers with
Chips

(V) G,S

Garden Peas

Baked Beans

Dairy Free Pudding

Other options available EVERY DAY:

Jacket Potato

Choose from:

Beans, Cheese, Salmon or Tuna served
with a Side Salad.

Packed Lunch:

Ham, Cheese or Tuna Mayo Filling
on Bread, Wrap or Bap
Contents of Packed Lunch: Sandwich,
Wrap or Bap, tube of fromage fraise,
dessert of day, raisins or fruit.

Allergens: celery, cereals, crustaceans, eggs,
fish, lupin, milk, sesame, molluscs, mustard,
peanuts, soya, sulphites and gluten.



Key: G—contains gluten M—contains milk
C—contains celery powder S—contains soya

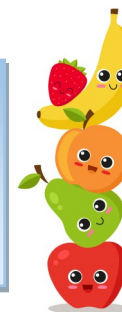


Lunch Menu

Week 2

Available daily:

Fresh fruit, water, yoghurts,
Wholegrain Basil & Tomato Pasta



MONDAY



Jacket Potato

Packed Lunch

Tomato and Basil Pasta

Dairy Free Ice Cream with
Peaches

TUESDAY



Chicken Cottage Pie

Vegetarian Bean Cottage Pie
(V)

Sweetcorn
Broccoli

Pineapple Flapjack G

WEDNESDAY



Roast Chicken with Roast
Potatoes and Gravy

Jacket Potato

Cabbage
Diced Carrot

Dairy Free Pudding

THURSDAY



Chicken Burger with Wedges G,

Vegan Protein Burger with
Wedges (V) G

Sweetcorn
Country Vegetables

Spiced Shortbread with Orange
Wedge G

FRIDAY



Fish Fingers and Chips G,F,

Vegan Nuggets and Chips (V)
G

Garden Peas
Baked Beans

Dairy Free Pudding

Other options available EVERY DAY:

Jacket Potato

Choose from:

Beans, Cheese, Salmon or
Tuna served with a Side Salad.

Packed Lunch:

Ham, Cheese or Tuna Mayo Filling
on Bread, Wrap or Bap

Contents of Packed Lunch: Sandwich,
Wrap or Bap, Tube of Fromage Frais,
Pud of Day, Raisins or Fruit.

Allergens: celery, cereals, crustaceans, eggs,
fish, lupin, milk, sesame, molluscs, mustard,
peanuts, soya, sulphites and gluten.



Key: G—contains gluten M—contains milk
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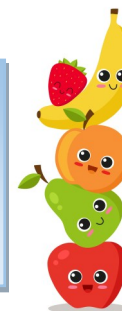


Lunch Menu

Week 3

Available daily:

Fresh fruit, water and yoghurts.
Wholegrain Basil & Tomato Pasta



MONDAY



Jacket Potato

Packed Lunch

Tomato and Basil Pasta

Dairy Free Pudding

TUESDAY



Beef Bolognese Pasta **G,S**,

Quorn Pasta Bolognese **(V)**

G,S,

Broccoli Florets

Mixed Vegetables

Dairy Free Cake

WEDNESDAY



Roast Chicken with Roast
Potatoes and Gravy

Vegan Slice with
Roast Potatoes **(V)**

Cabbage
Sliced Carrot

Dairy Free Cookie

THURSDAY



Chicken Goujons with Savoury
Wedges **G**

Vegan Dippers with Savoury
Wedges **(V) G**

Country Vegetables

Sweetcorn

Dairy Free Pudding

FRIDAY



White Fish and Chips **G,F**

BBQ Veg Burrito with Chips
(V) G

Garden Peas
Baked Beans

Chocolate Rice Krispie

Other options available EVERY DAY:

Jacket Potato

Choose from:

Beans, Cheese, Salmon or Tuna
served with a Side Salad.

Packed Lunch:

Ham, Cheese or Tuna Mayo Filling on
Bread, Wrap or Bap

Contents of Packed Lunch: Sandwich, Wrap or
Bap, Tube of Fromage Frais, Pud of day, Rai-
sins or Fruit.

Allergens: celery, cereals, crustaceans, eggs, fish,
lupin, milk, sesame, molluscs, mustard, peanuts,
soya, sulphites & gluten



Key: G—contains gluten M—contains milk
C—contains celery powder S—contains soya