

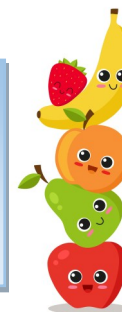


Lunch Menu

Week 1 EF

Available daily:

Fresh fruit, water and yoghurts.
Wholegrain Basil & Tomato Pasta



MONDAY



MEAT FREE MONDAY

Cheese and Tomato Pizza

(V) G,M,C

Sweetcorn

Country Vegetables

Ice Cream with Fruit Cocktail M

TUESDAY



Meatballs in Tomato Sauce
with Vegetable Rice G,S

Vegan Meatballs in Tomato
Sauce with Vegetable Rice(V) S

Mixed Vegetables

Green Beans

Yoghurt or Fruit

WEDNESDAY



Roast Chicken with Roast
Potatoes and Gravy

Jacket Potato

Savoy Cabbage

Sliced Carrots

Yoghurt or Fruit

THURSDAY



Pork Hotdog with Wedges G,

Packed Lunch

Broccoli

Sweetcorn

Oaty Cookie with Orange

Wedge G,M

FRIDAY



White Fish and Chips G,F,

Vegan Fishless Fish Fingers with
Chips

(V) G,S

Garden Peas

Baked Beans

Yoghurt or Fruit

Other options available EVERY DAY:

Jacket Potato

Choose from:

Beans, Cheese, Salmon or Tuna served
with a Side Salad.

Packed Lunch:

Ham, Cheese or Tuna Mayo Filling
on Bread, Wrap or Bap
Contents of Packed Lunch: Sandwich,
Wrap or Bap, tube of fromage fraise,
dessert of day, raisins or fruit.

Allergens: celery, cereals, crustaceans, eggs,
fish, lupin, milk, sesame, molluscs, mustard,
peanuts, soya, sulphites and gluten.



Key: G—contains gluten M—contains milk
C—contains celery powder S—contains soya

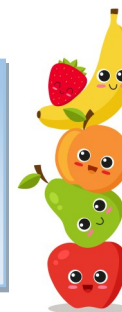


Lunch Menu

Week 2 EF

Available daily:

Fresh fruit, water, yoghurts,
Wholegrain Basil & Tomato Pasta



MONDAY



MEAT FREE MONDAY

Cheese and Tomato Pizza (V)
G,M,C

Mixed Vegetables
Green Beans

Ice Cream with Peaches M

TUESDAY



Chicken Cottage Pie M

Vegetarian Bean Cottage Pie
(V) M

Sweetcorn
Broccoli

Yoghurt or Fruit

WEDNESDAY



Roast Chicken with Roast
Potatoes and Gravy

Leek , Potato and Cheese
Bake V) M,S,G

Cabbage

Diced Carrot

Yoghurt or Fruit

THURSDAY



Chicken Burger with Wedges G,

Vegan Protein Burger with
Wedges (V) G

Sweetcorn
Country Vegetables

Spiced Shortbread with Orange
Wedge G

FRIDAY



Fish Fingers and Chips G,F,

Vegan Nuggets and Chips (V)
G

Garden Peas
Baked Beans

Cheese and Biscuit G,M

Other options available EVERY DAY:

Jacket Potato

Choose from:

Beans, Cheese, Salmon or
Tuna served with a Side Salad.

Packed Lunch:

Ham, Cheese or Tuna Mayo Filling
on Bread, Wrap or Bap

Contents of Packed Lunch: Sandwich,
Wrap or Bap, Tube of Fromage Frais,
Pud of Day, Raisins or Fruit.

Allergens: celery, cereals, crustaceans, eggs,
fish, lupin, milk, sesame, molluscs, mustard,
peanuts, soya, sulphites and gluten.



Key: G—contains gluten M—contains milk
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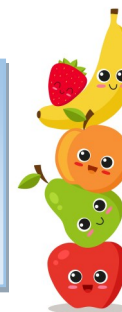


Lunch Menu

Week 3 EF

Available daily:

Fresh fruit, water and yoghurts.
Wholegrain Basil & Tomato Pasta



MONDAY



MEAT FREE MONDAY

Cheese and Tomato Pizza

G,M,C

Green Beans

Sweetcorn

Angel Delight with

Mandarins M

TUESDAY



Beef Bolognese Pasta Bake

G,S,M

Quorn Pasta Bake (V) G,S,M

Broccoli Florets

Mixed Vegetables

Yoghurt or Fruit

WEDNESDAY



Roast Chicken with Roast

Potatoes and Gravy

Vegan Slice with

Roast Potatoes (V)

Cabbage

Sliced Carrot

Raisin and Lemon

Cookie G,M

THURSDAY



Chicken Goujons with Savoury

Wedges G

Vegan Dippers with Savoury

Wedges (V) G

Country Vegetables

Sweetcorn

Yoghurt or Fruit

FRIDAY



White Fish and Chips G,F

BBQ Veg Burrito with Chips

(V)G

Garden Peas

Baked Beans

Chocolate Rice Krispie

Other options available EVERY DAY:

Jacket Potato

Choose from:

Beans, Cheese, Salmon or Tuna

served with a Side Salad.

Packed Lunch:

Ham, Cheese or Tuna Mayo Filling on
Bread, Wrap or Bap

Contents of Packed Lunch: Sandwich, Wrap or
Bap, Tube of Fromage Frais, Pud of day, Rai-
sins or Fruit.

Allergens: celery, cereals, crustaceans, eggs, fish,
lupin, milk, sesame, molluscs, mustard, peanuts,
soya, sulphites & gluten



Key: G—contains gluten M—contains milk
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