

KNOW YOURSELF, GROW YOURSELF

Place2Be's

CHILDREN'S
MENTAL HEALTH
WEEK

**This year's Children's Mental Health Week
theme is Know Yourself, Grow Yourself.**

Can you **DESIGN A POSTER** with a positive mental health message to inspire us all at Preston Primary School?

Your poster could be one of the ones chosen by the Wellbeing
Ambassadors to go up around the school!

Hand in your A4 size poster to your class teacher by

Friday 14th February.

Make sure you put your name and class on the back.

