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Preston Primary Academy Trust



19<sup>th</sup> January 2026.

### Cake Sale and Non-Uniform Day – Friday 13<sup>th</sup> February

Dear Parents/Guardians,

On Monday 9<sup>th</sup> - Friday 13<sup>th</sup> February we will be taking part in Place2Be's Children's Mental Health Week. The theme for 2026 is 'This is my place' and is all about helping children to feel that they belong. At Preston Primary children will be doing activities during this week to learn more about how to be kind, include others, and make sure no one feels left out.

Please follow the link for more information about children's mental health week:  
<https://www.childrensmentalhealthweek.org.uk/>

The Wellbeing Ambassadors would like to end the week on **Friday 13<sup>th</sup> February** with a cake sale at both morning break times and a **non-uniform 'Cozy Clothes' day** - where you can come to school in what you are really comfortable and cozy in for a small donation. Any donations of cakes would also be very gratefully received.

Money raised will be split between Place2Be's mission to support the mental health of children in the UK and our school charity for 2026 - United World Schools, which builds and supports schools in remote areas of Cambodia, Nepal, Madagascar & Myanmar (please see poster attached to our email for more information).

Yours sincerely,

*S Atkin*

Mrs S Atkin,  
Well-being Lead & Class Teacher.

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