

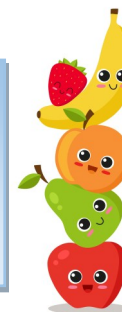


# Lunch Menu

## Week 1 DF

### Available daily:

Fresh fruit, water and yoghurts.  
Wholegrain Basil & Tomato Pasta  
Bread



### MONDAY



Jacket Potato

\*\*\*\*\*

Packed Lunch

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Farmhouse Veg

Sweetcorn

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Dairy Free Ice Cream with Fruit  
Cocktail

### TUESDAY



Wholemeal Spaghetti

Bolognaise G

\*\*\*\*\*

Wholemeal Quorn Bolognaise

(V) G S

\*\*\*\*\*

Mixed Vegetables

Green Beans

\*\*\*\*\*

Dairy Free Pudding

### WEDNESDAY



Roast Chicken with Roast  
Potatoes and Gravy

\*\*\*\*\*

Jacket Potato

\*\*\*\*\*

Savoy Cabbage

Diced Carrots

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Chocolate Shortbread with

Orange Wedge G

### THURSDAY



Pork Sausage with Wedges G,

\*\*\*\*\*

Quorn Sausage with Wedges  
(V) ,S,G

\*\*\*\*\*

Baked Beans

Sweetcorn

\*\*\*\*\*

Mixed Spice and Raisin Flapjack

G

### FRIDAY



White Fish and Chips G,F,

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Vegan Schnitzel with Chips

(V) G,S

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Garden Peas

Baked Beans

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Fresh fruit

### Other options available EVERY DAY:

#### Jacket Potato

Choose from:

Beans, Cheese, Salmon or Tuna served  
with a Side Salad.

#### Packed Lunch:

Ham, Cheese or Tuna Mayo Filling  
on Bread, Wrap or Bap

Contents of Packed Lunch: Sandwich,  
Wrap or Bap, Yoghurt, dessert of day,  
raisins or fruit.

**Allergens:** celery, cereals, crustaceans, eggs,  
fish, lupin, milk, sesame, molluscs, mustard,  
peanuts, soya, sulphites and gluten.



**Key:** G—contains gluten M—contains milk  
C—contains celery powder S—contains soya

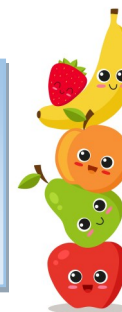


# Lunch Menu

## Week 2

### Available daily:

Fresh fruit, water, yoghurts,  
Wholegrain Basil & Tomato Pasta  
Bread



### MONDAY



Packed Lunch

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Jacket Potato

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Mixed Vegetables

Green Beans

\*\*\*\*\*

Dairy Free Ice Cream with

Peaches **M**

### TUESDAY



Jacket Potato

\*\*\*\*\*

Packed Lunch

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Sweetcorn

Peas

\*\*\*\*\*

Dairy Free Pudding

### WEDNESDAY



Roast Chicken with Roast

Potatoes and Gravy

\*\*\*\*\*

Jacket Potato

\*\*\*\*\*

Cabbage

Diced Carrot

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Pineapple Flapjack **G**

### THURSDAY



Pork Sausage Roll with Wedges

**G,**

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Vegan Sausage Roll with  
Wedges **(V) G,S**

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Sweetcorn

Country Vegetables

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Lemon Shortbread **G**

### FRIDAY



Fish Finger and Chips **G,F,**

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Vegan Nuggets with Chips **(V)**

**G**

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Garden Peas

Baked Beans

\*\*\*\*\*

Fresh Fruit

### Other options available EVERY DAY:

#### Jacket Potato

Choose from:

Beans, Cheese, Salmon or  
Tuna served with a Side Salad.

#### Packed Lunch:

Ham, Cheese or Tuna Mayo Filling  
on Bread, Wrap or Bap

Contents of Packed Lunch: Sandwich,  
Wrap or Bap, Yoghurt,

Pudding of Day, Raisins or Fruit.

**Allergens:** celery, cereals, crustaceans, eggs,  
fish, lupin, milk, sesame, molluscs, mustard,  
peanuts, soya, sulphites and gluten.



**Key:** G—contains gluten M—contains milk  
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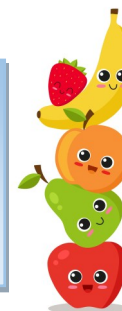


# Lunch Menu

## Week 3

### Available daily:

Fresh fruit, water and yoghurts.  
Wholemeal Basil & Tomato Pasta  
Bread



### MONDAY



Packed Lunch

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Jacket Potato

\*\*\*\*\*

Green Beans

Sweetcorn

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Jelly with Mandarins

### TUESDAY



Sticky Sesame Chicken with  
Savoury Rice **S**

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Sticky Sesame Quorn with  
Savoury Rice **(V) S**

\*\*\*\*\*

Peas  
Mixed Vegetables

\*\*\*\*\*

Fresh Fruit

### WEDNESDAY



Roast Chicken with Roast  
Potatoes and Gravy

\*\*\*\*\*

Jacket Potato

\*\*\*\*\*

Cabbage  
Diced Carrot

\*\*\*\*\*

Dairy Free Cookie

### THURSDAY



Chicken Burger with Wedges **G**

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Vegan Bean Burger with  
Wedges **(V) G,S**

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Country Vegetables

Sweetcorn

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Mixed Spice Shortbread **G**

### FRIDAY



White Fish and Chips **G,F**

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Vegan Fishless Fish Fingers with  
Chips **(V) G,S**

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Garden Peas  
Baked Beans

\*\*\*\*\*

Chocolate Rice Krispie **G**

### Other options available EVERY DAY:

#### Jacket Potato

Choose from:

Beans, Cheese, Salmon or Tuna  
served with a Side Salad.

#### Packed Lunch:

Ham, Cheese or Tuna Mayo Filling on  
Bread, Wrap or Bap

Contents of Packed Lunch: Sandwich, Wrap or  
Bap, Yoghurt, fruit or raisins and Pudding of  
day,

**Allergens:** celery, cereals, crustaceans, eggs, fish,  
lupin, milk, sesame, molluscs, mustard, peanuts,  
soya, sulphites & gluten



**Key:** G—contains gluten M—contains milk  
C—contains celery powder S—contains soya